



SMALL GROUP FITNESS

CLASS SCHEDULE



	MORNING	EVENING	
MON	8:30am Get Active: Mixed Fitness	4.30pm Get Active: Boxing	
TUE	NO CLASSES	6:00pm Virtual Pilates	
WED	7am Get Active: Resistance & Strength	NO CLASSES	
THURS	9:30am Get Active: Boxing	NO CLASSES	
FRI	7am Get Active: Bootcamp	8:30am Get Active: Lift & Learn	NO CLASSES
SAT	NO CLASSES		
SUN	NO CLASSES		

